

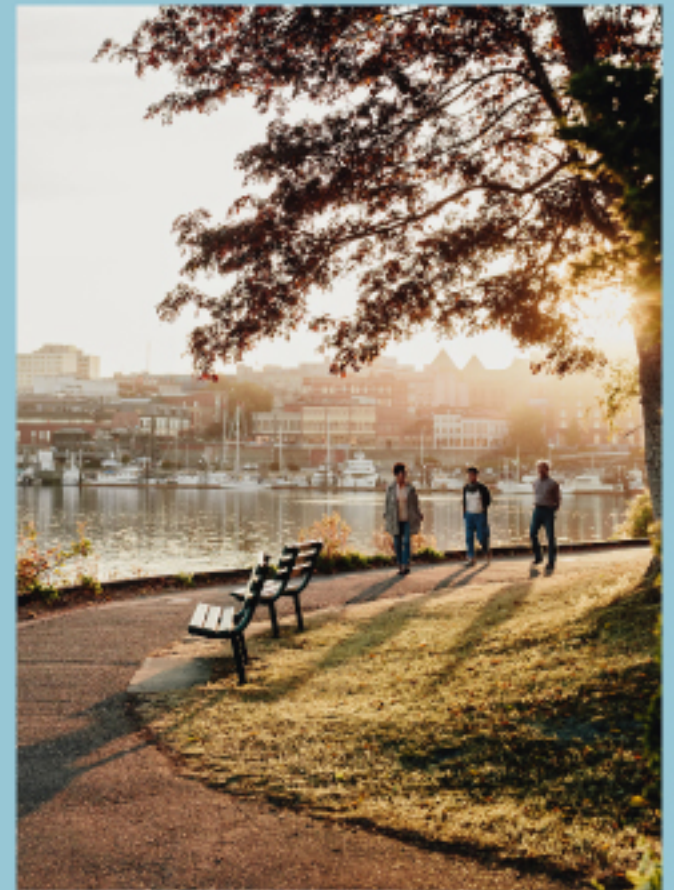


THE JAMES

AT HARBOUR TOWERS

THE GREAT OUTDOORS, RIGHT OUTSIDE YOUR DOOR

When you're not at the fitness centre or splashing out a few laps in the pool, get out and get active in James Bay! Walking, running, hiking and biking trails are so abundant here, you'll never run out of options. Get to know the Inner Harbour and Gorge Waterway by kayak or SUP, or hop on a zodiac and head out whale watching!



LOCAL FAVOURITES

- Pedal the Galloping Goose and Lochside trails all the way from Swartz Bay to Sooke
- Hike up Mount Douglas for views of the Olympic Mountains and Victoria below
- Hike a lap of Swan Lake or Matheson Lake, and stop for a picnic and a swim
- Drive to Goldstream Provincial Park to see waterfalls and plenty of bald eagles
- Walk the coastal forest trails at East Sooke Park and keep an eye out for whales